AUDITION ROCKSTAR ACADEMY

FLIP IT – ROCKSTAR RUN THROUGH

1. Use the checklists on the following pages
2. Grab a set of sides
3. Identify your starting moment
4. Identify your ending moment
5. Identify the size and purpose of the role
6. Identify your strategy
7. Remind yourself that you are the B.E.S.T. because you're going to BE YOU, ELMINATE EGO, STOP ACTING and THROW IT AWAY.
8. Rehearse & Refine
9. When in doubt, throw it away some more.
10. When you've booked a bunch of high quality small roles, review and implement the P^3 Strategy
11. Remind yourself of the most powerful core belief any actor can choose to have: "Your success is inevitable"

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UTILITY ROLE (1-2 lines) CHECKLIST

Beginning Moment:

- ❑ Physical action
- ❑ An activity
- ❑ An entrance
- ❑ An imagined line of dialogue
- ❑ A transitional thought that leads to your line

BEGINNING MOMENT NOTES: _____

_____

PURPOSE	STRATEGY
❑ Exposition ❑ Background ❑ Lend reality	Be you. Throw it away.
❑ Straight man for comic moment ❑ Deliver joke	Have fun with it but… Keep it simple, be real and natural

Ending Moment:

- ❑ Physical action
- ❑ An activity
- ❑ An exit
- ❑ A button

ENDING MOMENT NOTES: _____

_____

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FUNCTIONAL ROLE (3+ lines/1 or more scenes) CHECKLIST

Beginning Moment:

- ❑ Physical action
- ❑ An activity
- ❑ An entrance
- ❑ An imagined line of dialogue
- ❑ A transitional thought that leads to your line

BEGINNING MOMENT NOTES: _____

_____

PURPOSE	STRATEGY
❑ Exposition ❑ Background ❑ Lend reality	Be real, natural, throw it away, check ego at the door. It's not about you, it's about them
❑ Straight man for comic moment ❑ Deliver joke	Have fun with it but… Keep it simple, be real and natural

Ending Moment:

- ❑ Physical action
- ❑ An activity
- ❑ An exit
- ❑ A button

ENDING MOMENT NOTES: _____

_____

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P3 CHECKLIST

PREPARATION

- ❑ I have mastered The B.E.S.T. Method
- ❑ I have booked several small roles in high quality projects
- ❑ I have a reel of my work
- ❑ I have mastered first 4 Audition Rockstar™ stages and my Castability Factor is high for larger roles
- ❑ I have a good rep
- ❑ I am consistently working on mastering letting go of attachment and cultivating confidence
- ❑ I am consistently building/nurturing great relationships with CDs, Producers and Directors on jobs I book

POSITIONING

- ❑ I have created/discussed a passing plan with my Agent and/or Manager
- ❑ My Agent and/or Manager has started "positioning" me to Casting Directors as an actor who's ready for larger roles
- ❑ I have decided when I'll start passing and on what type of roles

PASSING

- ❑ I have given my agent/manager the go ahead to pass on Utility and/or Functional roles (based on my plan)
- ❑ I am willing to be patient
- ❑ I am consistently working on my mindset to avoid the "Passing Freefall"!!

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CLASS #5 – FLIP IT - NOTES

NOTES: _____

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NOTES: _____